



Pathways to Resiliency, Strength and Recovery

Date: Thursday, May 5, 2016

Location: Regis University Lowell Campus, Denver, CO

Time: 3:15 - 4:15 p.m.

Track: Recovery

Breakout Session Title:

Collaborative Efforts to Identify Students at Risk for Suicide

Presenters: **Crystal P. Christensen**, LCSW, Family Services Manager and **Heather M. Trish**, NCC, LPC, Manager, Trauma Services and Suicide Prevention with Jefferson Center for Mental Health; and **Jon P. Widmier**, Student Services/Security and Emergency Management Specialist with JeffCo Public Schools

Abstract:

The presentation will fit within the Recovery Track for the conference theme of Pathways to Resiliency, Strength, and Recovery, focusing specifically on the ways in which a mental health center and school district have worked together to more effectively identify students at risk for suicide and to engage them in a hierarchy of care and follow up appropriate to the rating on a suicide risk assessment, which includes the Columbia Suicide Severity Rating Scale (CSSRS). Evidence based gatekeeper trainings, intentionally collaborative relationships, and various types of service provision will be discussed as a part of the preventative strategy for caregivers serving students at risk for suicide. Results to date will be outlined as the second year of this project implementation comes to a close. Included in the results will be the number of gatekeepers trained, the variety of collaborative partnerships, completed suicide risk assessment statistics, as well as the number of student suicides prevented and student suicides completed. The audience will be engaged through the presentation of relationship history, data delivery, lessons learned, ongoing

performance improvement, and a welcoming attitude toward attendee participation.

Educational Objectives:

At the conclusion of this presentation, the participant should be able to identify four different suicide prevention gatekeeper trainings, discuss what is involved in a suicide risk assessment, recognize the CSSRS, formulate ways in which collaborative relationships can be forged for the purpose of suicide prevention, and summarize how a mental health center and school district work together to identify students at risk for suicide and engage them in a hierarchy of appropriate care and follow up.