Colorado Crisis Services

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Senate Bill 266

- Components of the BH crisis response system will reflect a continuum of care from crisis response through stabilization and safe return to the community with adequate support for transitions to each stage. “No wrong door”
- 24 hour statewide telephone crisis service – hotline and warm line
- Walk-in crisis services and crisis stabilization units
- Mobile crisis services and crisis respite services
Senate Bill Con’t

- Residential and respite crisis services that are linked to the walk-in crisis services
- Serve individuals regardless of their ability to pay
- Be part of a continuum of care

**Utilize peer supports**

- Specialized services for children/adolescents
- Incorporate different response mechanisms utilized between mental health and substance use disorder crises
- 25.5 million dollars from general funds
Inventory of Services

• Aside from primary care settings, people access care through other safety net providers (in addition to CMHCs and Substance Use Disorder organizations)

• Rural Health Clinics, School-Based Health Clinics

• Federally Qualified Health Centers are a major source of primary care-based MH and SUD treatment. 133 clinic sites in 33 counties.

• Many FQHCs offer integrated behavioral health care treatment, often in collaboration with mental health providers. The level of integration and models for care utilized differs site to site.
General Facts...
WICHE Report 2/2013

- 3 in 5 Coloradans are in need of MH or sub abuse care (>1.5 million); <1/3 receive adequate care; 1 in 2 have a severe need (450,000)
- # of MH and SUD practitioners have increased in past ten years, but still too few providers with specialized skills willing to serve those with the most complex needs (Dual or Multi dx, DD, TBI)
- Greatest need in rural and frontier areas (82% of practicing psychiatrists, 86% of child psychiatrists and essentially all addiction specialists are in the Denver and CO Springs area)
In 2012 number of suicide deaths reached an all-time high with 1,053 completed suicides (an increase of 15.8% in just one year). This is the highest number and rate of suicide deaths ever recorded in the state until 2014, when there were 1058 suicide deaths. CO is consistently among the top ten states with the highest suicide rates nationally.

Number of suicide deaths in 2014 exceeded the number of deaths from homicide(172), MVA(486), influenza and pneumonia(668), breast CA(553), HIV(52) and Diabetes(826).

2014, 2nd leading cause of death for ages 10-24
Current Status

- Hotline / Warm Line live on 8/1/14
- **1.844.493.TALK (8255)**
- Rocky Mountain Crisis Partners, received the award to implement the new line
- Hotline vs warm line
- Interface with rescue services, first responders, local/regional mobile dispatch, etc
Current Status Con’t

- Expanded hours for walk-in crisis evaluation – 24/7 locations throughout the state. Consumer-facing services.

- Crisis beds 1-5 days – Crisis Stabilization Units (**Crisis Clinician referred**). Individual may be on a mental health hold or accept treatment voluntarily. Sites are all 27-65 designated.

- In-home Respite / Residential respite beds 1-14 days (**Crisis Clinician referred**). Voluntary individuals only. Peer / para-professionally managed
Current Status Con’t

• Increased mobile outreach (Hotline and local/regional dispatch) – may be in conjunction with first responders. Respond to home, school, church, senior center, etc. Urban 1 hour; rural/frontier 2 hour response time.

• Operational December 2014
Peer Support Specialist

- Individuals in recovery trained to offer social and emotional support to people receiving treatment for their behavioral health challenges
- Model effective coping skills and self-help strategies based on their own recovery experience
- Tasks performed may include assisting peers in articulating their own goals for recovery, learning and practicing new skills, helping them monitor progress, navigating support services, and supporting them in advocating for themselves
- Offer validation, hope, empathy, empowerment
- Professional relationship with peers based on the shared experience
- Numerous training programs statewide
Questions???